An application should be submitted with 1) Personal Data (no more than one page, single spaced, Arial 12 pt font) and 2) Project Proposal (no more than two pages, single spaced, Arial 12pt font) Applications should be emailed to sigmacms@telus.net and addressed to Awards Committee.

Deadlines for 2020 Applications: March 30, 2020
Deadlines for 2021 Applications: August 31, 2020

1) Personal Data:
- applicant name, address, contact information (phone number and email), supervisor/institution if applicable (name, address, phone number and email)
- short bio/CV (single spaced, Arial 12 pt font)
- letter of support from supervisor
- either the applicant or the supervisor has to be a member at the Canadian Menopause Society (CMS)

2) Project Proposal:
- title of the project
- short abstract/background/literature review
- study design
- timelines
- budget
- references if applicable